

# Canine Athlete Fitness Seminar Series

SPONSORED BY PINNACLE DOG SPORTS

PRESENTED BY SUZI SCHMITZ, CSCC

(Certified by North Carolina State University College of Veterinary Medicine)

## Fitness Seminar - Basic Foundation to Intermediate/Advance

Saturday, January 11, 2025 9:00 am - 3:00 pm

- Beginning foundation exercises to intermediate and advanced exercises.
- Covers basic exercises to strengthen canine core, shoulders, hips, and whole body.
- Learn about equipment, how often, how long, and how intense.
- Design your own program to keep your dog fit and mentally challenged.
- Cool-downs and warm-ups will also be covered.

WORKING SPOTS: \$140.00 / LIMIT 8      AUDIT SPOTS/UNLIMITED \$40.00

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## Jumping Fitness Seminar

Sunday, January 12, 2025 9:00 am - 1:00 pm

- Foundation fitness exercises, specific to Jump Strength.
- Dogs should be 16 Months or older and currently jumping at full height for the working spots.

WORKING SPOTS: \$ 95.00 / LIMIT 8      AUDIT SPOTS/UNLIMITED \$30.00

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# CANINE ATHLETE FITNESS SEMINAR SERIES (Suzi Schmitz)

## REGISTRATION FORM

**SATURDAY – JANUARY 11, 2025 9:00 AM – 3:00 PM**

**FITNESS - BASIC FOUNDATION TO INTERMEDIATE / ADVANCED**

\_\_\_\_\_ WORKING SPOT \$140.00

\_\_\_\_\_ AUDITING SPOT \$40.00

**SUNDAY – JANUARY 12, 2025 9:00 AM – 1:00 PM**

**JUMPING FITNESS**

\_\_\_\_\_ WORKING SPOT \$95.00

\_\_\_\_\_ AUDITING SPOT \$40.00

NAME OF HANDLER: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

EMAIL: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

DOG'S NAME, Events performed in and level: \_\_\_\_\_

\_\_\_\_\_

**MAKE CHECK PAYABLE TO:  
PINNACLE DOG SPORTS  
MAIL TO: 1006 CROCKER RD., WESTLAKE, OH 44145**

**Please indicate "Fitness Seminar" on envelope**

**THERE IS NO REFUND FOR THIS SEMINAR UNLESS THERE IS A WAITLIST FOR A WORKING SPOT**

**THANKS FOR ATTENDING THIS INCREDIBLE SEMINAR. SEE YOU IN JANURY– HELEN KURZ**